

# Chronic Care Management Services

# Chronic Care Management Services (CCM)

- CPT code 99490 (CCM Services) requires at least 20 minutes of clinical staff time directed by a physician or other qualified health care professional, per calendar month to patients who meet the following required elements:
  - Multiple (two or more) chronic conditions expected to last at least 12 months, or until the death of the patient;
  - Chronic conditions place the patient at significant risk of death, acute exacerbation/decompensation, or functional decline;
  - Comprehensive care plan established, implemented, revised, or monitored

# Elements that define the current scope of CCM services

## **1. Access to care management services 24 hours a day, 7 days a week.**

- This means providing patients with a means to make timely contact with health care providers in the practice to address urgent chronic care needs regardless of the time of day or day of the week.

## **2. Continuity of care.**

- The patient must be able to get successive routine appointments with a designated provider or care team member.

# Elements that define the current scope of CCM services

## **3. Care management for chronic conditions.**

- This includes the following:
  - Systematic assessment of a patient's medical, functional, and psychosocial needs,
  - System-based approaches to ensure timely receipt of all recommended preventive care services,
  - Medication reconciliation with review of adherence and potential interactions,
  - Oversight of patient self-management of medications.

# Elements that define the current scope of CCM services

## **4. Creation of a patient-centered care plan document to ensure that care is provided in a way that is congruent with patient choices and values.**

- A comprehensive care plan of care is based on a physical, mental, cognitive, psychosocial, functional, and environmental (re)assessment and an inventory of resources and supports.

# Elements that define the current scope of CCM services

## **5. Management of care transitions between and among health care providers and settings.**

- This includes the following:
  - Referrals to other clinicians,
  - Follow-up after a patient visit to an emergency department,
  - Follow-up after a patient discharge from a hospital, skilled nursing facility, or other health care facility.
  - Communicating relevant patient information through electronic exchange of a summary care record is required upon these transitions.
  - Providers must format their clinical summaries according to, at a minimum, the standard that is acceptable for the EHR Incentive Program as of Dec. 31 of the calendar year preceding each payment year.

# Elements that define the current scope of CCM services

## **6. Coordination with home- and community-based clinical service providers.**

- This is to ensure appropriate support of a patient's psychosocial needs and functional deficits.

## **7. Enhanced opportunities for a patient and any relevant caregiver to communicate with the provider regarding the beneficiary's care.**

- This includes communicating through not only telephone access but also the use of secure messaging, Internet, or other asynchronous, non-face-to-face consultation methods.

# Cost Sharing and CCM Service

- CCM services are based on the fee-for-service model and is not a preventative service that is exempt from cost-sharing.
- Patients will be responsible for approximately \$8 per CCM service month billed
- Providers are required to explain the cost-sharing obligation to patients receiving CCM services and obtain consent prior to furnishing the services



# Payment for CPT 99490

- Inform the beneficiary of the right to stop the CCM services at any time (effective at the end of a calendar month) and the effect of a revocation of the agreement to receive CCM services.
- Inform the beneficiary that only one practitioner can furnish and be paid for these services during the calendar month service period.
- Provide the beneficiary a written or electronic copy of the care plan and document in the electronic medical record that the care plan was provided to the beneficiary.

# Patients Not Eligible for CCM Services

- You can not bill CCM services on patients who receive the following four types of services in the same calendar month:
  1. Transitional care management (CPT 99495 and 99496),
  2. Home healthcare supervision (HCPCS G0181)
  3. Hospice care supervision (HCPCS G0182)
  4. Certain end-stage renal disease (ESRD) services (CPT 90951-90970)
- If the provider furnishing CCM performs any other services for the beneficiary (such as an office visit or an immunization), the provider should bill for that service in addition to CCM.
- Providers not providing CCM to a beneficiary may provide and bill for the four services listed above.

# Patient Notification

- Front desk has forms that they will begin to distribute to all Medicare patients
  - Proactive notification of all patients rather than identifying patients to receive CCM services and then attempting to gain consent at that time
- Explain the benefits of CCM services
  - Increased allocation of time for the care team to:
    - Managing Referrals
    - Medication reconciliation
    - Phone/portal communications
    - Completing forms and documents
    - Care plan review

# Patient Charts

Test, Alpha "Alphie" (13734)



Select Visit

Facesheet Summary Documents Progress Note

Import Document

Select Template

Create Note

Sections

- CC
- HPI
- PFSH
- ROS
- Vitals
- PE
- Drawings
- In-Office Proc. Results
- Assessment
- Plan
- E&M

Note Options

- Preview
- Save (Charges Ready)
- Save (Hold Charges)
- Save & Sign
- Close Note

## Template Library

Browse By Category View Alphabetical List User: CPFMC Templates

- BMI Test Wellness Document
- Carpal Tunnel Syndrome AJ4.1.12
- Cerumen Impaction (FP v3.8) CPMFC SHK 5.8.13
- Chest Discomfort/Pain CPFMC 5.13.13
- CHF Home Health Diuretic Protocol - Standing Orders 4.9.14 HRB
- Chronic Care Mgmt 12.31.14
- COPD (AJ)
- CPAP/BiPAP Follow Up CPFMC 11.3.14
- Cryotherapy to Actinic Keratosis CPFMC 5.19.13
- Depression/Anxiety CPFMC SHK 11.12.13
- Depression/Fall Screening is 6.12.13
- Dexa Order is 11.14.12
- Diverticulitis (FP v3.9) CPMFC SHK 6.4.13
- Ear Infections, Adult (FP v3.10) CPFMC SHK 2.23.13
- Elevated Blood Pressure (>140/90 no prev dx of HTN) CPFMC
- Erectile Dysfunction cpfmc 12.20.13 hrb
- Excision; simple CPFMC SHK 5.20.13
- Fall Prevention/Depression Screening is 6.12.13
- Fatigue (Brief) (FP v3.10) CPFMC SHK 2.17.13
- GI Complaints (Adult) CPFMC SHK 2.17.13
- GYN complaint age 35 and Older w/Uterus (FP v3.11) DK
- GYN Exam LAT 12-18-14
- Headaches LAT

Note Date: 01/14/2014

# Patient Charts



Select Visit

Facesheet Summary Documents **▼ Progress Note**

Select Template  
Chronic Care Mgmt 1...

History of Present Illness Sketch Pad Note Date: 01/14/

Create Note

- Sections**
- CC
  - HPI**
  - PFSH
  - ROS
  - Vitals
  - PE
  - Drawings
  - In-Office Proc. Results
  - Assessment
  - Plan
  - E&M

- Note Options**
- Preview
  - Save (Charges Ready)
  - Save (Hold Charges)
  - Save & Sign
  - Close Note

Chronic Care Management Care Plan

Alpha Test patient is a 46 year old White female. Alpha Test is followed by **SELECT PRIMARY CARE PROVIDER** as the primary care provider.

The patients current conditions include: **PROBLEM LIST**

Top concerns and barriers

The main things I would like to fix or improve about my health are: **ENTER HEALTHCARE CONCERN**

The main things preventing me from improving my health are: **ENTER FIRST THING PREVENTING IMPROVED HEALTH**

Sympton management

The main symptoms I wish to reduce or eliminate are: 1. **ENTER SYMPTOM(S) TO ADDRESS**

Health Care Providers

Has the collaboration of care flowsheet been updated: **COLLABORATION OF CARE UPDATED**

Resources and supports

**CPFMC Chronic Care Management Timesheet**

Edit   Export		Help	01/13/2015
CCM Care Plan			completed
CCM activity			Diabetes care review
Time spent in minutes			7
Initials of team member			