

KC PA Newsletter

Informed Care. Better Health. Lower Cost.

11/2015

Issue 11

Notes from the CEO

Good Old-Fashioned Cost Savings

KCMPA is working on three programs to save KCMPA members money on health insurance, medical supplies, and medical liability insurance. There were presentations on all three programs at the board meeting on November 4th. The monthly webinar on Nov. 17th reviewed again the health insurance and group purchasing programs. If you missed the webinar, you can view it [here](#).

Group Purchasing Highlights

- Minimum of 11% savings per practice; AND
- New revenue to KCMPA to support operations
- Buying power of large systems
- Choice of distributor
- Expect contact from Group Source – Ross Conner
- Will ask for a letter of commitment contingent on whether they can deliver 11% savings for your practice

Health Insurance Highlights

- Likely savings on administrative fees in first year
- Realistic expectations set based on claims experience
- Expect contact from Lockton – Rob Sweatt and his designees
- Will need employee census with birthdate, levels of current coverage
- Lockton will analyze KCMPA data after collecting it from all practices
- Recommendations expected in February/March
- Coverage would begin in June/July 2016

Medical Liability Highlights

- Program through SPEC*KC
- Coverage by MMIC
- Premium rates guaranteed for 2 years
- Free tail coverage for MO physicians and staff who leave the group
- No application
- Quarterly billing available with no interest
- Profit sharing plan
- Contact Josh Honn at 913-633-4369

Upcoming Meetings

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Care Team Consortium
Friday, Dec 18th at 8:00 AM at Northland Family Care.

IT Committee Meeting
Tuesday, Dec 29th at 9:00 AM by conference call.

KCMPA & KCMPA ACO Board of Directors Meetings No December meetings. Next meetings are Thursday, Jan 7th at 6:30 PM at KC Medical Society.

KCMPA Webinar Series– Topic: Chronic Care Management. Tuesday, Dec 15th, 12:00 -1:00. [Register here!](#)

Quality Improvement Committee Meeting No December meeting. Next meeting is Thursday, Jan 21st at 5:30 PM by conference call.

Innovations at the Clinic

KCMPA Tobacco Cessation Support Program

This program allows for providers to offer continued support for tobacco cessation efforts to patients once they leave the office setting. By referring a patient to the Kansas or Missouri Quit Line, they have access to an individualized quit plan, a personal coach available 24/7, self-help materials, tips to manage nicotine withdrawal, and other resources. A report on patient progress is then sent to the referring provider.

Patient education materials on tobacco cessation are provided to KCMPPA clinics on a routine basis. If you are not currently receiving this material and would like to, contact Kerri Craven at kerri.craven@kcmetrophysicians.com. If you would like more information on the program, please contact cindy.campbell@kcmetrophysicians.com or you can view the YouTube video [Smoking Cessation Support Program](#).

Announcements:

If you're interested in being featured in a member spotlight either in the newsletter or at a board meeting, please contact Kerri Craven at kerri.craven@kcmetrophysicians.com to setup a date. Complete the [Member Spotlight template](#) and return it to Kerri.

In the coming days our primary care practices will be contacted by Kerri Craven to update your providers for CMS as well as the Cerner Primary Health Network portal. Please respond to this in a timely manner as the deadline is December 11th for updates.



Resources at your Fingertips

[Community Resource Guide](#)

[TRIA Medication Management](#)

[Referral Guide to KCMPPA Practices](#)

[Low Income Resources](#)

Dietician and Certified Diabetic Educator-[Melissa Leslie](#).
PCMH Facilitation and Renewal assistance – [Cindy Campbell](#).
Smoking Cessation Materials Request– [Kerri Craven](#).

Please visit our [website](#) and connect with us on social media!



Promoting Tobacco Cessation for Adults, Youths, and in the Workplace

Tobacco Facts:

- In 2012, NASA had a budget of \$16.8 billion for the advancement of space science, also that year, American lungs processed \$44 billion worth of tobacco.
- According to the Centers for Disease Control, tobacco use is the largest contributor of death in the U.S.
- More than 80% of adult tobacco users began using tobacco regularly before the age of 18.

Efforts to promote prevention and control tobacco use at the state and regional levels have successfully implemented tobacco-free grounds policies in schools, colleges, and universities. Advocates have also worked towards smoke-free workplaces, housing, parks, and tobacco-free sales zones.

Healthcare professionals have an obligation to promote tobacco cessation and prevention efforts through ongoing face-to-face discussions with adult and adolescent patients, and with parents of underage patients. Providing them education and tools for tobacco cessation along with discussion is also an important step that should not be overlooked, even if done repeatedly. Under the Medicare 2016 Physician Fee Schedule, tobacco cessation counseling services are reimbursed (CPT 99407, 99407 / G 0375, G0376).

Establishing smoke-free policies within the health professionals' workplace should also be advocated as a commitment towards health and wellness. An American Productivity Audit found that tobacco use was a leading cause of worker lost production time and another recent study showed that establishing a no-smoking outdoor policy (in addition to an already established in-door no smoking policy) was associated with an increase in quit rates and a reduction in daily cigarette consumption among continuing smokers. A variety of workplace health promotion toolkits can be found at <http://www.cdc.gov/nccdphp/dnpao/hwi/toolkits/general.htm>

Sources:

http://www.businessinsider.com/how-much-money-nasa-spends-compared-to-smoking-2015-11?nr_email_referer=1&utm_content=BISelect&utm_medium=email&utm_source=Sailthru&utm_campaign=BI%20Select%20%28Tuesday%20Thursday%29%202015-11-17&utm_term=Business%20Insider%20Select

Resources:

[Promoting Quitting Among Adults and Young People](#)
[Youth Tobacco Cessation: A Guide For Making Informed Decisions](#)
[Chronic Disease Risk Reduction](#)
[CDC Toolkits](#)

Patient-Centered Medical Home Tips

The [Patient-Centered Medical Home](#) (PCMH) concept is now part of a burgeoning neighborhood that includes specialists and urgent care centers. In March 2013, [The National Committee for Quality Assurance](#) (NCQA) launched the [Patient-Centered Specialty Practice™](#) (PCSP), a program that allows specialists to receive similar recognition to primary care physicians. And in March 2015, they added a new program to complement the existing PCMH recognition program that includes retail clinics, urgent care centers and other ambulatory care sites in the [Patient-Centered Connected Care™](#) (PCCC) recognition program.

Today there are nearly 50,000 clinicians in over 10,000 sites across the country that have achieved PCMH recognition. The far newer PCSP program has nearly 600 clinicians in 65 sites, which are presently concentrated in New York, Oregon, Kansas and Pennsylvania. The brand-new PCCC program is currently available in about 50 sites, the first four of which are in the mid-Atlantic states.

For more information: <http://chesphysician.com/2015/07/01/the-medical-home-gets-a-neighborhood/>



IMAGING FOR WOMEN KCMPPA SPOTLIGHT: 2014



IMAGING FOR WOMEN

PRACTICE SPECIALTY:

Imaging for Women is dedicated to offering you a NEW experience in women's health care.

Dr. Malley opened Imaging for Women in 1997 as Kansas City's first stand-alone women's center because he envisioned a better way for women to experience health care. He wanted to extend high quality medicine to all women in the community. Instead of long wait times, impersonal service, antiquated technology, and rough technologists, we offer a new experience in women's imaging services – the Imaging for Women way.

Every patient is treated as a family member. Imaging for Women discusses results with patients after the completion of their exams. If they need additional studies, such as extra mammogram views or a breast ultrasound, we perform these at the time of their exam. Having to come back for additional views and worrying for a week or two for results is a thing of the past. After their bone density/osteoporosis tests, besides knowing their results, they are given an in-depth consultation on basic bone health and what they can personally do to keep their bones healthy or improve their scores.

Imaging for Women utilizes only state-of-the-art digital equipment. We employ the latest techniques for the detection of breast cancer including CAD (Computer Aided Detection), ABUS (Automated Whole Breast Screening Ultrasound, for patients with 50% breast density and above), and low-dose 3D breast tomography to give patients the best chance of finding breast cancer at an early stage where the cure rate is very high.

Along with Dr. Malley, Dr. Voeltz and our staff are specially trained to care for patients' needs. Our technologists are certified and are chosen for both their exam quality and their caring attitudes.

At Imaging for Women, we live by our motto: "We Take Care of You!"

Would you like to refer a patient to us?

We appreciate your referrals and take them very seriously. Continuity of care is important and it is our goal to send our reports to you in a timely manner. Patients' reports are faxed to your office usually within 1-2 hours of exam completion.

Same day appointments are available

We have several staff members ready to answer your call. You can also fax your orders directly to our office and we will call your patient to set up an appointment. Patients can go to our website to request an appointment with us directly.

IMAGING FOR WOMEN

630 N.W. Englewood Road
Kansas City, MO 64118
Phone: (816) 453-2700
Fax: (816) 453-9943
www.imaging4women.com

A special thank you to the KCMPPA practices who are paying monthly dues!

[Carondelet Orthopaedics Surgeons](#)

Overland Park, KS 66211
913-642-0200

[Chiropractic Life Center](#)

Gladstone, MO 64118
816-454-5433

[Clay Platte Family Care](#)

Kansas City, MO 64151
816-842-4440

[Consultants in Gastroenterology](#)

Independence, MO 64055
816-478-4887

Kansas City, MO 64118
816-478-4887

Liberty, MO 64068
816-478-4887

[Cobblestone Family Health](#)

Liberty, MO 64068
816-781-7400

[Drisko, Fee and Parkins](#)

North Kansas City, MO 64116
816-561-3003

Independence, MO 64057
816-303-2400

Kansas City, KS 66109
816-561-3003

[Gates Hospitalists](#)

North Kansas City, MO 64116
816-968-9320

[Imaging for Women](#)

Kansas City, MO 64118
816-268-3309

[Midtown Family Medicine](#)

Kansas City, MO 64111
816-756-5839

[Midwest Orthopaedics](#)

Overland Park, KS 66204
913-362-8317

[Northland Family Care](#)

Kansas City, MO 64158
816-994-8708

[Preferred Physical Therapy](#)

Gladstone, MO
816-413-0900

Kansas City, MO
816-489-4161

Lansing, KS
913-727-2022

Lenexa, KS
913-492-0333

[Sunflower Medical Group](#)

Kansas City, KS
913-299-3700

Lenexa, KS
913-299-3700

Mission, KS
913-432-2080

Shawnee Mission, KS
913-722-4240

[United Medical Group](#)

Kansas City, KS 66102
913-287-7800

[Dues Information!](#)