

KC PA Newsletter

Informed Care. Better Health. Lower Cost.

5/2016

Issue 5

Notes from the CEO

KCMPA has engaged a new vendor, Health Endeavors, to analyze our Medicare claims and to help us make a run at achieving savings! While savings have been elusive, a number of facts have changed in this second contract that could make savings more likely than in past years.

At the upcoming board meeting on June 2nd, a team from Health Endeavors will provide a review of their analysis and they will dive into some target areas for improvement. Each practice that has attributed patients will be provided with your own login and you will get access to the tools that night. We ask that each ACO practice have at least one representative present at the board meeting so you can benefit from the information shared and take information back to your practice. If we want to get to savings, we'll need to start soon.

Please RSVP to [Kerri Craven](#) and let her know who from each practice will be attending!

Meeting Info:

KCMPA/KCMPA ACO Board Meeting
June 2, 2016 at 6:30 PM
National VFW Headquarters
406 West 34th Street
KCMO

KCMPA in the News

Jill Watson, CEO, was interviewed at the National Association of ACOs Spring 2016 Conference.

How can patient-centered medical homes (PCMH) incorporate ACOs into the care model?

In our model, PCMH was the foundational principle of the physicians that got together in the first place. So I think even in our first year, which was 2013, we calculated that we had 75% of our 13,000 beneficiaries in a PCMH. And it's grown from there. There have been a few more clinics that have gotten their PCMH designation as an ACO.

You can view the full interview [here](#).

Upcoming Meetings

...

KCMPA & KCMO ACO Board of Directors Meetings
Thursday, June 2nd at 6:30 PM at National VFW HQ, 406 West 34th Street, KCMO

KCMPA Webinar Series
Topic: The State of KCMO. Tuesday, June 21st, 12:00-1:00 PM.
[Register here!](#)

Quality Improvement Committee Meeting
Thursday, June 16th, at 5:30 PM by conference call.

IT Committee Meeting
Tuesday, May 31st, at 9:00 AM by conference call.

Care Team Consortium
Friday, June 24th at 8:00 AM at Clay Platte Family Medicine

[Click here for a list of 2016 meetings](#)

Chronic Care Management: Managing Patients Chronic Health Needs Is Not Optional

Based on claims data, KCMPSA has **9,307** patients eligible for CCM which is approximately 79% of our attributed patients. In April of this year, KCMPSA began a Chronic Care Management Program that is working towards managing the needs of this population in order to decrease their high cost by providing continuous support and improved coordination of care needs. To date 3 KCMPSA practices have taken advantage of this important resource.

KCMPSA is now sending each clinic a list of their CCM eligible patients via secure email on a monthly basis. We ask that you please use this tool as a way to stratify your patients, knowing they are highest risk AND highest cost. Action steps when receiving this list is to ensure this population is seeing their provider routinely per evidence based guidelines. This population should also have a signed CCM agreement in their record.

We are reaching out to all KCMPSA clinics and asking to please begin working with our CCM program as another strategy in meeting our ultimate goal of shared savings. Please contact cindy.campbell@kcmetrophysicians.com for more information.

Urban Plunge

Each year, [Medical Missions Foundation](#) volunteers travel around the world to take part in a rewarding experience to share their time and talent to provide healing to underserved communities. Now, there is an equally rewarding opportunity right here in Kansas City for medical and non-medical volunteers. You can help change the world without getting on an airplane and by volunteering right here in your city.

Medical Missions Foundation and [First Hand Foundation](#) have collaborated to offer a mission opportunity in Kansas City's urban core during **June and July of 2016**. They will be offering free wellness screenings and limited evaluations in three of the metropolitan area's neediest neighborhoods. Please consider volunteering your time and skill to these events!

There are three locations and five days to choose from. The days have been divided into shifts, and you may volunteer for more than one day, and more than one shift on any particular day.

The deadline for hardship exemptions for Stage 2 MU is July 1, 2016. If you did not attest for MU in 2015 you should try to apply for the hardship and avoid the penalty. Here is a link to the webpage: https://www.cms.gov/regulations-and-guidance/legislation/ehrincentiveprograms/paymentadj_hardship.html

Update on the Zika Virus: On May 13, 2016, the Centers for Disease Control and Prevention (CDC) issued [interim guidance](http://www.cdc.gov/mmwr/volumes/65/wr/mm6518e1.htm) (<http://www.cdc.gov/mmwr/volumes/65/wr/mm6518e1.htm>) that recommends Zika virus rRT-PCR testing of urine collected less than 14 days after symptom onset, along with testing of patient-matched serum samples, for the diagnosis of suspected Zika virus infection (1). The purpose of this Health Alert Network (HAN) health update is to further disseminate information about the interim guidance to clinical and public health professionals.

Additional resources:

[Diagnostic Testing of Urine for Suspected Zika Virus](#)

Care Team Consortium June 24th, 2016 8:00 AM-10:00 AM Clay Platte Family Medicine

Topics: Diabetes disease state updates & Review of current guidelines; Motivational Interviewing

This is an open event to all individuals from health care organizations in the KC area!

Choosing Wisely: Treating Lower Back Pain

Back pain is one of the most common reasons why people visit the doctor. The good news is that the pain often goes away on its own, and people usually recover in a week or two.

Many people want to stay in bed when their back hurts. For many years, getting bed rest was the normal advice. But studies show that staying in bed longer than 48 hours won't help. Read the full article [here](#).

Please visit our [website](#) and connect with us on social media!



Don't forget: Connect to our social media sites for up to date information about industry hot topics, innovations, changes and other items of interest!

WELCOME NEW MEMBER!!!

Adams Physical Therapy

6246 North Chatham, KCMO

816-587-6234

www.adamsphysicalrehab.com

Resources at your Fingertips

[Community Resource Guide](#)

[TRIA Medication Management](#)

[Referral Guide to KCMPPA Practices](#)

[Low Income Resources](#)

[Simplified Health, LLC](#)

Dietician and Certified Diabetic Educator-[Melissa Leslie](#).

PCMH Facilitation and Renewal assistance – [Cindy Campbell](#).

Smoking Cessation Materials Request– [Kerri Craven](#).

CDE Tips.....

Diabetic Care, New Insulins

There are new insulins on the market or on the way that may better suit your patients and their wallet.

Biosimilar Insulins: These are generic versions of existing insulins. They should provide some cost savings for patients.

- Basaglar, a biosimilar of Lantus that will be available starting in December 2016.

Long Acting insulins: Recently approved Tresiba U-100 and Tresiba U-200; both are available in prefilled pens.

Premixed Insulins: Ryzodeg U-100 is a new combination insulin of aspart (rapid acting) + degludec (long acting) injected once or twice daily. It offers more flexibility in dosing time than older mixes.

Basal insulin + GLP-1: IGLarLixi is a fixed –ratio combination of U-100 glargine + lixisenatide. It will be available in pen only. It appears to be weight neutral. FDA approval is expected this August.

Reference: Diabetic Living Summer 2016



KANSAS CITY BONE & JOINT CLINIC PRACTICE SPOTLIGHT: JANUARY 2014

KANSAS CITY BONE & JOINT



CLINIC

A DIVISION OF SIGNATURE MEDICAL GROUP OF KANSAS CITY

PRACTICE SPECIALTY:

Orthopaedic Surgeons and Physical Medicine & Rehabilitation

Since 1940, Kansas City Bone & Joint Clinic has provided service and compassion for patients with musculoskeletal disorders and injuries. Our specific focus is the musculoskeletal system, the system of the body that includes bones, joints, muscles, tendons, ligaments and nerves and any structures related to them. Along with general orthopaedic surgery and physical medicine & rehabilitation, KCBJ has orthopaedic surgeons with fellowship training in total joint replacement, sports medicine, hand surgery and hip, knee and shoulder arthroscopy.

Kansas City Bone and Joint Clinic's physicians are all Board-Certified in their specialty. KCBJ's physicians are fellowship trained in Sports Medicine and Arthroscopy, Hand and Upper Extremity Surgery, Adult Reconstructive Surgery (Total Joint), Physical Medicine & Rehabilitation and Electrodiagnostic Medicine. Dr. Carlisle is also trained in Hip Arthroscopy. Dr. Patel also has the only AANEM Accredited EMG Lab in the KC Metropolitan Area and all of the state of Kansas.

Orthopaedic Surgeons

Orthopaedic Surgeons specialize in treating disorders of the musculoskeletal system that includes bones, joints, muscles, tendons, ligaments, nerves, skin and structures related to them. Common injuries requiring their training include broken bones, torn ligaments, dislocations, sprains, tendon injuries, pulled muscles, ruptured discs and sciatica as well as chronic conditions such as, joint pain, back pain, arthritis and bursitis (joint inflammation).

"Rehab" Physicians

"Rehab" physicians (often referred to as Physiatrists) specialize in Physical Medicine and Rehabilitation and treat a wide range of impairments to restore functional ability and quality of life to patients. This includes, back pain, spinal cord injury, sports injuries, arthritis, work injuries, brain injury and stroke, acute or chronic pain management, and many others. Also provided is electromyography, or EMG, and nerve conduction studies to diagnose neurological disorders due to many underlying factors related to injuries or illnesses.

Would you like to refer a patient to us?

We appreciate referrals from other health providers and take them very seriously. Continuity of care is important and it is our goal to send our clinic notes to you in a timely manner and keep you up to date with our treatment plan for your patient.

For your convenience we have a downloadable PDF form on our website that can be faxed to our office. In addition we have several staff members ready to answer your call.

Same day appointments are available

KANSAS CITY BONE & JOINT CLINIC

A DIVISION OF SIGNATURE MEDICAL GROUP OF KC

Corporate Medical Plaza, Building 1
Second Floor - Suite #200
10701 Nall Avenue

A special thank you to the KCMPPA practices who are paying monthly dues!

Adams Physical Therapy

5901 NE 63rd Terrace, Suite 50
Kansas City, MO 64151

Chiropractic Life Center

Gladstone, MO 64118
816-454-5433

Clay Platte Family Care

Kansas City, MO 64151
816-842-4440

Consultants in Gastroenterology

Independence, MO 64055
816-478-4887

Kansas City, MO 64118
816-478-4887

Liberty, MO 64068
816-478-4887

Drisko, Fee and Parkins

North Kansas City, MO 64116
816-561-3003

Independence, MO 64057
816-303-2400

Kansas City, KS 66109
816-561-3003

Gates Hospitalists

North Kansas City, MO 64116
816-968-9320

Imaging for Women

Kansas City, MO 64118
816-268-3309

Midwest Orthopaedics

Overland Park, KS 66204
913-362-8317

Modern Physical Therapy

335 NW Barry Road
Kansas City, MO 64155

Preferred Physical Therapy

Gladstone, MO
816-413-0900

Kansas City, MO
816-489-4161

Lansing, KS
913-727-2022

Lenexa, KS
913-492-0333

Priority Care Pediatrics

9405 North Oak Trafficway
Kansas City, MO 64155

1540 NE 96th Street
Liberty, MO 64068

Summit Family and Sports Medicine

3601 NE Ralph Powell Road
Lee's Summit, MO 64064

Sunflower Medical Group

Kansas City, KS
913-299-3700

Lenexa, KS
913-299-3700

Mission, KS
913-432-2080

Shawnee Mission, KS
913-722-4240

United Medical Group

Kansas City, KS 66102
913-287-7800