



Kansas City Metropolitan Physician Association  
Diabetes Mellitus Type 2 Insulin Orders

### **Insulin Orders (SC):**

*Patient Name:* \_\_\_\_\_ *Date:* \_\_\_\_\_ *Physician:* \_\_\_\_\_

Premeal Blood Glucose (BG) Goal: 80-130 or \_\_\_\_\_ A1C Goal: <7.0% or \_\_\_\_\_

BG Monitoring:

- Before breakfast
- Before meals and at bedtime
- 90-120 minutes after meals
- 2-3 am
- \_\_\_\_\_

	Breakfast	Lunch	Dinner	Bedtime
<b>Short-Acting Insulin (bolus):</b> <i>Take 0-15 minutes before meal</i> <input type="checkbox"/> Humalog <input type="checkbox"/> Novolog <input type="checkbox"/> _____	_____ Units or _____ I/C ratio	_____ Units or _____ I/C ratio	_____ Units or _____ I/C ratio	
<input type="checkbox"/> Patient may adjust rapid/bolus insulin as needed per Standing Order Protocol <i>(See reverse side)</i>				
<b>Long-acting Insulin (basal):</b> <input type="checkbox"/> Lantus <input type="checkbox"/> Levemir	_____ Units			_____ Units
<input type="checkbox"/> Patient may adjust long-acting/basal insulin as needed per Standing Order Protocol <i>(2 units every 2-3 days until fasting BG is within target range of 90-130 mg/dL)</i>				

### **Premeal Humalog / Novolog / \_\_\_\_\_ Adjustment for Hyperglycemia (Correction Bolus):**

Add to scheduled **before meal** (rapid-insulin) dose to correct high blood glucose.

<input type="checkbox"/> <b>Low Dose (&lt;40 U/day)</b>		<input type="checkbox"/> <b>Medium Dose (40-80 U/day)</b>		<input type="checkbox"/> <b>High Dose (&gt;80 U/day)</b>		<input type="checkbox"/> <b>Individualized</b>	
Premeal BG	Additional Humalog or Novolog	Premeal BG	Additional Humalog or Novolog	Premeal BG	Additional Humalog or Novolog	Premeal BG	Additional Humalog or Novolog
150-199	1 unit	151-200	1 unit	151-200	2 unit	151-200	
201-250	2 units	201-250	3 units	201-250	4 units	201-250	
251-300	3 units	251-300	5 units	251-300	7 units	251-300	
301-350	4 units	301-350	7 units	301-350	10 units	301-350	
>351	5 units	>351	8 units	>351	12 units	>351	

Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_