



Insulin Orders (SC):

Patient Name: _____ Date: _____ Physician: _____

Premeal Blood Glucose (BG) Goal: 80-130 or _____ A1C Goal: <7.0% or _____

BG Monitoring:

- Before breakfast
- Before meals and at bedtime
- 90-120 minutes after meals
- 2-3 am
- _____

	Breakfast	Lunch	Dinner	Bedtime
Short-Acting Insulin (bolus): <i>Take 0-15 minutes before meal</i> <input type="checkbox"/> Humalog <input type="checkbox"/> Novolog <input type="checkbox"/> _____	_____ Units or _____ I/C ratio	_____ Units or _____ I/C ratio	_____ Units or _____ I/C ratio	
<input type="checkbox"/> Patient may adjust rapid/bolus insulin as needed per Standing Order Protocol (<i>See reverse side</i>)				
Long-acting Insulin (basal): <input type="checkbox"/> Lantus <input type="checkbox"/> Levemir	_____ Units			_____ Units
<input type="checkbox"/> Patient may adjust long-acting/basal insulin as needed per Standing Order Protocol <i>(2 units every 2-3 days until fasting BG is within target range of 90-130 mg/dL)</i>				

Premeal Humalog / Novolog / _____ Adjustment for Hyperglycemia (Correction Bolus):

Add to scheduled **before meal** (rapid-insulin) dose to correct high blood glucose.

<input type="checkbox"/> Low Dose (<40 U/day)		<input type="checkbox"/> Medium Dose (40-80 U/day)		<input type="checkbox"/> High Dose (>80 U/day)		<input type="checkbox"/> Individualized	
Premeal BG	Additional Humalog or Novolog	Premeal BG	Additional Humalog or Novolog	Premeal BG	Additional Humalog or Novolog	Premeal BG	Additional Humalog or Novolog
150-199	1 unit	151-200	1 unit	151-200	2 unit	151-200	
201-250	2 units	201-250	3 units	201-250	4 units	201-250	
251-300	3 units	251-300	5 units	251-300	7 units	251-300	
301-350	4 units	301-350	7 units	301-350	10 units	301-350	
>351	5 units	>351	8 units	>351	12 units	>351	

Physician Signature: _____ Date: _____

Educator Signature: _____ Contact #: _____