

# KC PA Newsletter

Informed Care. Better Health. Lower Cost.

7/2015

Issue 7

## End of Life Care

For patients and their loved ones, no care decisions are more profound than those made near the end of life. Engaging in end of life conversations and providing high-quality care for people who are nearing the end of life is a matter of professional commitment and responsibility. Health system managers, payers, and policy makers, are beginning to understand their responsibility to ensure that end-of-life care is compassionate, affordable, sustainable, and of the best quality possible.

- This month, CMS announced that beginning in 2016, doctors will get paid by Medicare for having voluntary consultations with patients and their families about end-of-life medical planning and needs. Early indications are that doctors will get paid \$75 to \$85 for initial and follow-up half-hour sessions.
- CMS is also considering making advance care planning “an optional element” of a beneficiary’s Annual Wellness Visit (AWV).
- Early this year, Massachusetts became the first state in the nation to require that physicians offer end-of-life planning to patients. Under the rules, hospitals must do their best to identify patients who are in their last six months of life, and have a nurse or physician caring for the patient ask them whether they want to discuss care options, such as whether they want to stop treatment, be kept alive by any means possible or have preferences somewhere in between.
- Helping patients and their families understand the differences between end of life planning, palliative care, hospice care, and what services their insurance will cover is important before patients become too ill to make critical choices.

See links below for more helpful information on end of life care:

<http://www.pbs.org/newshour/making-sense/understanding-two-seismic-shifts-medicare/>

<http://www.modernhealthcare.com/article/20150708/NEWS/150709923>

<http://www.scribd.com/doc/250551817/Sample-End-Of-Life-Care-Guide>

<http://www.fiercepracticemanagement.com/node/24696/print>

[http://healthleadersmedia.com/print/index.cfm?content\\_id=312417&topic=PHY](http://healthleadersmedia.com/print/index.cfm?content_id=312417&topic=PHY)

## Upcoming Meetings



### Care Team

#### Consortium

Friday, July 31<sup>st</sup> at 8:00 AM at United Medical Group.

### IT Committee

**Meeting** – Tuesday, August 4<sup>th</sup> at 9:00 AM by conference call.

### KCMPA and KCMPO ACO Board of

#### Directors Meetings

Thursday, August 6<sup>th</sup> at 6:30 PM, location to be determined.

### KCMPA Webinar

#### Series– Topic:

Clinical Integration.

Tuesday, August 18<sup>th</sup>,

12:00-1:00. [Register](#)

[here!](#)

### Quality Improvement

#### Committee Meeting –

Thursday, August 20<sup>th</sup>

at 5:30 PM by

conference call.

Click [here](#) for a list of 2015 meetings

## Resources at your Fingertips

Please utilize the resources available to your clinic.

- [Community Resource Guide](#)
- [TRIA Medication Management](#)
- Dietician and Certified Diabetic Educator-contact [Melissa Leslie](#).
- PCMH Facilitation and Renewal assistance – contact [Cindy Campbell](#).
- Smoking Cessation Materials Request– contact [Kerri Craven](#).

## KCMPA Now Has a CDE

Congratulations to Melissa Leslie, RD, LD, CDE who

passed the Certified Diabetic Educator exam. As a member of KCMPPA, you can tap into Melissa as a resource for those patients that need counseling and guidance. She works 4 days a week and you can reach her at 816-808-0216 or by [email](#).

Please visit our [website](#) and connect with us on social media!



## Innovations at the Clinic

### Certified Care Manager Training

Care management is an important part of the patient centered medical home. It is the role that can change a passive health system that waits for the client/patient to be involved into an active and engaging health system. When the system is more engaging, patients are more likely to be engaged to improve their health. Care Management is central to the success of the PCMH.

University of Massachusetts offers a 10 week online training to earn a Certificate in Integrated Care Management. Mary Conaty, RN Care Coordinator at United Medical Group will be attending the course that begins this fall. Upon completion, Mary will become the first Certified care manager within KCMPPA. This is the first step in United Medical Group's journey towards becoming a PCMH.

"I am excited to be able to participate in helping UMG reach PCMH status." says Conaty. "I am grateful for the opportunity to attend the UMass certification course to increase my knowledge base so that I can better provide for our patients. I know the skills I will learn in the course will bring me to the next level as a Care manager."

If you would like more information on this program please go to [UMassMed](#).

## Notes from the CEO

July has been a very busy month! In case you missed our webinar, you can view it by clicking on the link shared below.

<https://www.dropbox.com/s/gfdniarkvomikgz/KCMPA%20Webinar%20Series%207.21.15.wmv?dl=0>

### Patient-Centered Medical Home Tips

#### NCQA PCMH Renewal

- For clinics that have been recognized as a PCMH prior to 2014, upon renewal, must renew under the 2014 standards.
- For Level 2 and 3, the renewal process will include providing documentation, as well as, attestation. “NCQA offers a streamlined process for renewal through reduced documentation requirements. Practices that satisfactorily demonstrated basic medical home transformation can focus on more advanced aspects of redesign for their renewal applications.”
- Level 1 recognition requires a full survey.

See more at: [PCMH 2014 Renewal and Multi-Site Requirements](#)

## Connect with KCMPA

Regardless of your social media preference, we have a way for you to connect with KCMPA!

Our website is a great resource for your staff to make referrals to other KCMPA providers...

<http://kcmetrophysicians.com/>

For current articles and news connect with us on Facebook, Twitter, and LinkedIn. For training videos, YouTube is your source! Click on the icon to get connected!



## Care Team Consortium (CTC)

The Care Team Consortium meets the last Friday of every month from 8:00am-10:00am rotating between 4 locations. We encourage you to send your Care Managers/Care Coordinators, Practice Managers/Administrators and other members of the care team. If you'd like to be added to the invitation list, please email [Kerri Craven](#). Dates and Locations [Info Page](#).



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## INSIGHT EYECARE SPECIALTIES

Practice Specialty: Optometry

Insight Eyecare Specialties (IES) is an 8 location, Independent Optometry practice in Kansas City and Northwest Missouri. IES was started by Dr Ryan Powell when he opened his private practice in Kansas City – North in 2004. With



10 Optometrists and locations in St Joseph, Platte City, KC-North, KC-Downtown, Independence, Harrisonville, Pleasant Hill and Rock Port, IES provides personal, high touch, technology integrated Vision and Eye Health Care. As Primary EyeCare providers we thoroughly examine the vision system and ocular health and provide treatment or refer for surgical treatment when needed.

In 2007, Insight Eyecare Specialties became a member of Vision Source. Vision Source is a nationwide network of Independent Optometry practices. Vision Source is focused on keeping Independent Optometry strong. By joining Vision Source, IES joins more than 30 other Independent Optometry practices in the region in working together to make us better doctors and better business owners. The core values of Vision Source are very much aligned with the core values of KCMIPA.

When it comes to Optometry and Medicine working together there are some significant advantages for patients and for practitioners. Optometry access is typically very easy - visits can often be scheduled the same week. Clinical care and patient satisfaction are very high with Independent Optometry practice. Our Independent Optometrists rely on satisfied patients that refer to our practice and return themselves. Optometrists provide thorough Diabetic Eye Health Examinations. When surgical intervention is needed the Optometrists know who to refer to for the highest quality outcomes.

OUR OPTOMETRISTS SEE THOUSANDS OF PATIENTS EACH YEAR WITH CHOLESTEROL CONCERNS, HTN CONCERNS AND OTHER MEDICAL CONCERNS THAT NEED PHYSICIAN CARE

INSIGHT EYECARE SPECIALTIES IS A MEMBER OF VISION SOURCE

INSIGHT EYECARE SPECIALTIES AND OUR VISION SOURCE NETWORK CAN WORK WITH YOUR DIABETIC CARE COORDINATOR TO IMPROVE YOUR ANNUAL EYE EXAM PERCENTAGE AND MAXIMIZE REIMBURSEMENTS THROUGH ACO MEDICAL PLANS

Insight Eyecare Specialties

[www.ieseyecare.com](http://www.ieseyecare.com)