



PRACTICE SPOTLIGHT: APRIL 2019

CASADY'S COUNSELING

Practice Specialty: Mental Health Therapy

I am a Licensed Professional Counselor in the state of Missouri and my office is in the Northland. I have been employed by many agencies on my road to private practice such as Synergy services helping troubled tweens, teens and family and Rediscover helping adults with substance abuse issues.



While gaining experience at these agencies I have dealt with the whole spectrum of mental illnesses from depression and anxiety to trauma and sexual abuse and have gained specialized training to handle each one of these issues.

I am small now but am growing and plan on adding two more clinicians to the practice by the end of April to better serve you and our clients.

I am trained and certified in TF-CBT or Trauma focused cognitive behavioral therapy, DBT or Dialectic Behavioral therapy, EMDR or Eye movement desensitization and reprocessing and CBT or cognitive behavioral therapy. I believe that no one therapy can treat all client's issues, so it is best to have many available to you.

We can usually get your referrals in within 48 hours for their intake and assessment, so please think of us for your referrals as we grow to meet demand.

CASADY'S COUNSELING

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SERVICES:

- ADULTS AND TEENS IN CRISIS
- FAMILY COUNSELING



Visit www.casadyscounseling.com for more information!