



PRACTICE SPOTLIGHT: FEBRUARY 2020

## HELLMAN & ROSEN ENDOCRINE ASSOCIATES, P.C.

**Practice Specialty:** Endocrinology, Diabetes & Metabolism

At Hellman & Rosen Endocrine Associates, we have been providing patient-centered comprehensive diabetes care and endocrine services for over thirty years. We provide both consultative services and, upon request, primary care for patients with diabetes or other endocrine disorders.



We believe that a patient-centered integrative approach is best for many conditions, especially for those with diabetes. We link education closely with medical care and provide support from behavioral health services, particularly in helping to maintain healthy lifestyles. Although we are experts in caring for the very sickest patients, and have great experience in complex disorders, we emphasize the prevention of complications.

We are highly acclaimed nationally for our work in improving diabetes outcomes and improving patient safety. We are also recognized for our involvement in the latest technology. We have a fully integrated electronic medical record system and we are involved in important research efforts to improve the quality of care, improve patient safety, and to improve the technology available to our patients.

Dr. Richard Hellman, Dr. Howard Rosen, and Dr. Avin Pothuloori are all Board Certified in Endocrinology, Diabetes, and Metabolism, and lead our clinical team. We have three Physician Assistants and three Nurse Practitioners who assist in the care of our patients. Dr. Phillip Pegg, a clinical psychologist, is also an integral part of our team, providing therapy for mental health concerns as well as integrated behavioral health consultancy in support of our patients. Our registered dietitian and certified diabetes educators work closely with our patients with diabetes, and our outstanding Diabetes Education Program has been recognized by the American Diabetes Association since 1996.

HELLMAN & ROSEN  
ENDOCRINE ASSOCIATES

YOUR HOME FOR DIABETES AND ENDOCRINE CARE

## AWARDS & RECOGNITION

Hellman & Rosen Endocrine Associates received the inaugural Innovation Award from the Kansas City Medical Society in 2015, in recognition for the way we provide care for diabetes and endocrine disorders.

Dr. Hellman was also recognized by the Kansas City Medical Society in 2017, when he received their Lifetime Achievement Award, and again in 2019, when he was recognized by their Foundation for his lifelong efforts supporting their values of health equity and access in the community.

Dr. Hellman, Dr. Rosen, and Dr. Pothuloori have all been awarded recognition by the National Committee for Quality Assurance (NCQA) Diabetes Recognition Program. The Program recognizes clinicians who have met standards demonstrating delivery of high-quality care to patients with diabetes.

Dr. Rosen was the 1<sup>st</sup> physician in the Kansas City area to receive Endocrine Certification in Neck Ultrasound (ECNU).

Dr. Hellman has also received several national awards, including the Distinguished Alumnus Award from the Chicago Medical School and the Outstanding Clinical Endocrinologist Award from the American Association of Clinical Endocrinologists. The American Diabetes Association has given him the internationally-coveted Distinguished Reviewer award three years in a row for his excellence in reviewing scientific manuscripts submitted for their flagship journal, *Diabetes Care*.