



PRACTICE SPOTLIGHT: SEPTEMBER 2019

OWN SLEEP MEDICINE

Practice Specialty: Sleep Medicine

Own Sleep Medicine was created specifically to provide a patient-centric Sleep Medicine experience with convenient options and affordable care.

By simplifying the testing and treatment process, lowering the cost of care, and working with physicians directly to provide faster results.

Own Sleep Medicine offers three main services for patients:

TESTING

Own Sleep Medicine's Home Sleep Test is typically conducted over two nights in the patient's home. Results will be forwarded to the ordering physician within two business days of having the test device returned. Delivery and pickup options are available for patients.

TREATMENT

For most patients who test positive for Obstructive Sleep Apnea, Own Sleep Medicine can handle the set up of their AutoPAP. Patients spend an hour learning best practices in using and maintaining their AutoPAP machine.

EDUCATION

Free follow up appointments, ongoing education events, and compliance checks are available to all patients. Proper education and knowledge leads to better adherence to treatment... thus better results.



OUR SIMPLE PROCESS:

- 1. ORDER**
Referral received, insurance verified, and patient scheduled.
- 2. RECEIVE**
Patients pick up or have it delivered to their home/office.
- 3. SLEEP**
Patient completes the two-night test at home.
- 4. RETURN**
Patient drops off the device or has it picked up from their home.
- 5. RESULTS**
Results are sent to the ordering physician, including AutoPAP order, if applicable.
- 6. SETUP**
One-on-one Sleep Coach appointment to setup with treatment.
- 7. EDUCATION**
Ongoing, free access to our team of Sleep Coaches.

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